

STAY SAFE



USE YOUR MASK PROPERLY

- Ensure your mask fits tightly to your face, sealed with no gaps around your nose, cheeks, and chin.
- Avoid touching the fabric of the mask when putting it on, wearing it, and removing it.
- Wear two-layer breathable masks if possible to create better filtration.

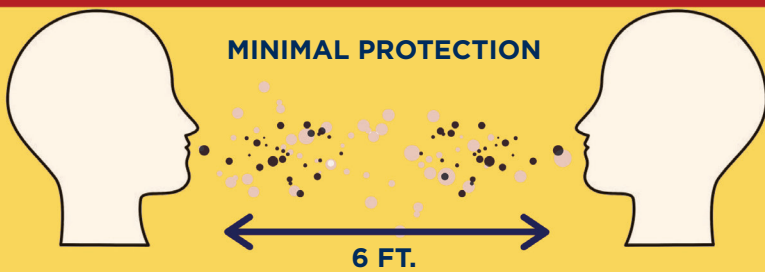


KEEP YOUR DISTANCE

Interacting with others outside allows exhaled particles to dissipate further. This decreases the likelihood of spreading or inhaling infectious droplets or particles.



8 frisbees = 6 feet



MINIMAL PROTECTION

6 FT.



SOME PROTECTION




BEST PROTECTION!

WEAR A MASK TO REDUCE TRANSMISSION

Communities can effectively reduce the spread of COVID-19 by wearing masks and maintaining a minimum distance of 6 feet from others. These steps lower the probability of spreading and inhaling infectious particles.

 Large Droplets (deposited on your body)

Masks help protect from spreading or inhaling **large droplets** produced from coughing, sneezing, and loud talking.

 Aerosols (inhaled)

Masks help remove **aerosols** or small particles produced from regular breathing and talking which can remain suspended in the air for an extended period of time.

K. A. Prather, C.C. Wang, R.T. Schooley, Science, 26 Jun 2020: 1422-1424.

CLEANING AND MAINTAINING YOUR FABRIC MASK

- Try to wash your mask in the sink with soap every night.
- Hang your mask out to dry every night after daily use.
- Remove mask filter before washing.
- Machine wash your mask once per week.



CLEANING AND MAINTAINING YOUR DISPOSABLE MASK



- Throw your mask away if it is falling apart or soaked with water.
- Hang your mask to dry to ensure moisture is removed from mask before reuse.
- Store your used mask in a clean container for 72 hours before reuse.

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